



### Monday 24<sup>th</sup> September

- Make your own way to Liverpool airport
- Ryanair flight FR3028 to Marrakech 6.25am – 10.05am. One hold luggage per person
- Collect luggage and await transfer for Imlil
- 90 minute transfer to Imlil. Approximate arrival at Imlil 12-1pm
- Check into Imlil accommodation. Unpack and organise equipment. Late breakfast/lunch to be served. Final chance to hire equipment from Imlil if needed (extra cost)
- Evening meal to be served & challenge briefing
- Pack mountain equipment ready to go the following day & early nights rest
- All non-mountain equipment to be left in this accommodation

### Tuesday 25<sup>th</sup> September

- Breakfast served at 7/7.30am
- Start ascent 8.30/9am
  - Distance/height: 7 miles/1700m ascent, approx. duration: 5-6 hours
- Arrive at Refuge where we will spend the night. Meal on arrival to be served. Beds allocated. Blankets are not provided – use your own sleeping bags.
- Evening meal served and summit day briefing
  - There **may** be a chance to leave all non-essential equipment at the hut
- Early nights rest ready for alpine style start

### Wednesday 26<sup>th</sup> September (time is crucial at this stage)

- Guardian-advised breakfast time (weather conditions etc) – typically 5am
- Kit ready for our ascent at 6am (weather dependant)
  - Distance/height: 2.5miles/1000m ascent, approx. duration 4-5 hours
- Reach the summit before lunchtime – secret mountain dance, group photo and celebratory OJ\*.
- Start out descent – arrive at the hut for a short rest and food stop. Chance to pick up all remaining equipment from the hut.
- Descend to the bottom and back to accommodation where delicious din dins will be served.
  - Total descent distance/time including rest: 10 miles/ 6-7 hours
- Pack all equipment away ready for transfer to Marrakech the following morning

Thursday 27<sup>th</sup> September

- Relaxed start with breakfast served followed by transfer to Marrakech
- Check into Hotel Islane in Marrakech followed by chance to sightsee around the city
  - Lunch/dinner **not** included

Friday 28<sup>th</sup> September

- Breakfast served at the hotel
- Kit all ready and packed to be picked up for transfer
- Ryanair Flight FR3029 10.30am – 2.10pm
- Collect luggage and make your own way home

\* OJ may or may not be provided, mountain dance may not occur

Mountains and their environments are by nature changeable and unpredictable, and whilst everything will be done to adhere to the schedule, Explore2cure cannot be held responsible for changes that are out of its control.

